

East-Gate Lodge

646 James Avenue, Beausejour, MB
(204) 268-1029
Recreation Department: 268-7405

Whitemouth District Health Centre

Henderson Ave., Whitemouth, MB
(204) 348-7191
Recreation Department: 348-4603

Sunnywood Manor Personal Care Home

Spruce St., Pine Falls, MB
(204) 367-8201
Recreation Department: 367-5420

Kin Place Personal Care Home

680 Pine Drive, Oakbank, MB
(204) 444-2004
Recreation Department: 444-6127

Lac du Bonnet Personal Care Home

75 McIntosh Street, Lac du Bonnet, MB
(204) 345-1223
Recreation Department: 345-1210

Regional Recreation Program Manager 268-7404



NEHA Corporate Office
W.B. Lewis Centre
24 Aberdeen Avenue / P.O. Box 339
Pinawa, MB R0E 1L0
Tel. (204) 753-2012
Fax (204) 753-2015
Toll Free 1-877-753-2012
email: neha@neha.mb.ca

Volunteer Program



NORTH EASTMAN HEALTH ASSOCIATION INC.



*“Working together to empower individuals,
families and communities to pursue
optimum health through
healthy lifestyles.”*

Volunteering in Long Term Care

Why Volunteer?

Volunteers, and the contributions they make through volunteering, significantly enhance the quality of life and leisure time opportunities for the residents living in a long term care facility. It is a great opportunity to make new friends, have fun and benefit others. Volunteering requires only the amount of time that you are willing to give. For students it is a great opportunity to gain skills such as public relations and job experience.

Volunteer Opportunities Within Long Term Care

Dining Companion: Assist residents at meal times. Training is provided for those interested in assisting residents with their meals. The Dining Companion position includes assisting residents to and from the dining room, distributing meals, assisting residents with meals and socializing with residents to make their meal time experience more enjoyable.

Volunteer from Home: Assist the recreation department with making up site newsletters, posters, calendar of events, etc. This can all be done in the comfort of your own home at your time.

Accompany resident to appointments:

Escort residents to appointments and provide companionship while they are waiting.

Spiritual Care: These volunteers visit one-on-one with any clients who request them, whether or not those clients have a religious affiliation. These volunteers visit to provide companionship and support and they respect clients' own beliefs and lifestyles. For more information or to become a Spiritual Care Volunteer contact Leah Bueckert, Spiritual Care Coordinator, at 268-7426 or lbueckert@neha.mb.ca.

Volunteer opportunities within Long Term Care Continued...

Resident Companion: Providing companionship and emotional support to residents through one to one activities such as letter writing, reading the newspaper, reminiscing, playing cards/crib, going for coffee, walks outdoors.

Recreation Assistant: Supports the recreation program by assisting with games, bingos, coffee serving, exercises, singing, church services, discussions, walks, outdoor programs.

Special Events Assistant: Assisting with parties, outdoor programs, entertainment, van rides and outings.

Gardening Assistant: Cares for the plants and flowers both indoor and outdoor.

Pet Therapy: Bringing your pet in to visit. A list of residents to visit will be provided to the handler. Pet Therapy Volunteers are required to submit a copy of their pet's most recent vaccination report to the home. The pet must be well behaved and comfortable with people.

Computer Assistant: Assist residents with accessing their e-mail accounts, helping them to keep in contact with loved ones by assisting with writing e-mails, sending pictures, etc.

Recreation Walking Program Assistant:

Assists residents to walk with assistance and with the steady mate walker. This position requires the completion of the transfer mobility training session, interested individual will be trained on site.

Entertainer: Plays or sings for the residents either one to one or during parties, sing songs or special events.

Animal/Bird Care Assistant: Assists with the care of the animals/birds at the site.