



**North Eastman Health Association Inc.
Job Description**

Wellness Facilitator I

Position Summary

With a focus on Primary Prevention, the Wellness Facilitator I provides the direct linkage and access to resources between the Primary Health Care Centre and/ or the Primary Health Care Team and the community. In collaboration with an interdisciplinary team, the Wellness Facilitator will assist groups and communities to develop wellness initiatives to enhance health. Wellness Facilitators function in accordance with the Association's Mission, Vision and Values, policies and procedures and ensures all practices are consistent with relevant legislation and professional standards.

Reports To: Primary Health Care Manager

Union: MGEU – Professional Technical

Qualifications

Education and Experience

- Post secondary education in a health, social services and / or community development field
- Experience in community development, social marketing, volunteer management, and population health promotion

Knowledge Skills and Abilities

- Ability to foster and maintain positive working relationships, individually and in a team setting
- Ability to work independently
- Solid understanding of Community Development, Health Promotion and the Determinants of Health
- Demonstrates effective communication skills
- Ability to assist in program planning
- Participates / assists with program evaluation
- Demonstrated knowledge of community resources

Position Duties and Responsibilities:

- Participates in inter-sectoral collaboration and partnerships
- Assists in the development of self-help groups
- Assists in the development of community based initiatives such as wellness information libraries and health corners
- Facilitates and promotes community wellness initiatives
- Works with communities to develop healthy policies such as “heart-smart” menus in local restaurants, smoke-free environments etc.
- Mobilizes community support for physical fitness/activity programs
- Promotes awareness of safety and accident prevention strategies
- Assists with health promotion / health education programs based on identified needs
- Works closely with community and consumer groups to increase the visibility of health promotion programs
- Works closely with other health promotion organizations such as the Alliance for Prevention of Chronic Disease/ Heart and Stroke etc
- Facilitates committees and groups of people in developing consensus around priority actions to enhance wellness in the community
- Empowers individuals and groups in the adoption of health behaviors and the development of healthy environments
- Provides access to health and wellness information
- Participates in community health assessment activities in the district
- Participates in program planning and evaluation
- Submits monthly statistics as required for program planning and evaluation purposes
- Attends and participates in Primary Health Care team meetings
- Attends and participates in Interagency meetings
- Keeps current in the Health Promotion field through continuing education – via conferences / educational sessions and / or literature & journal reviews.

Revised: _____
Date

Approved by: _____
Manager/ Supervisor Date

Approved by: _____
Vice President/ CEO Date

Reviewed by: _____
Director, Human Resources Date

NOTE: Original Signed and Dated November 24, 2003