



North Eastman Health Association Inc. Job Description

Clinical Dietitian

Position Summary

The Clinical Dietitian is a member of the multi-disciplinary team, providing services to clients in health care facilities and in the community. Primary responsibilities include assessment, planning and implementation of nutritional care for clients, education and support for both individuals and groups, and for promoting healthy lifestyles through liaison with other health care professionals and the community. The responsibilities for the Clinical Dietitian are consistent with the mission, strategic plan and policies of North Eastman Health Association Inc.

Reports to: Public Health Manager/ Director of Long Term Care

Union: MGEU – Professional Technical

Qualifications:

Education and Experience

- Bachelor of Human Ecology with post graduate internship in dietetics.
- Eligible for registration with M.A.R.D.
- Minimum of two years current related experience preferred.
- Member in good standing with the Dietitians of Canada.

Knowledge, Skills and Abilities

- Good understanding of community development, health promotion & education, and disease prevention.
- Ability to use professional judgement applicable to consultation and referral processes.
- Ability to foster and maintain positive working relationships both individually and in a team setting.
- Ability to work independently.
- Demonstrated effective communication skills.
- Good physical & mental health to meet the demands of the job.
- Computer skills in word processing.

Position Duties and Responsibilities

Facility based responsibilities:

- Participates in menu planning as coordinated by the Food and Nutrition Coordinator.
- Observes present practices and provides recommendations to the appropriate manager/ coordinator for improvement based on identified needs.

- Completes nutritional assessments for residents/ patients according to Long Term Care and Acute Care standards of practice, reviews diets with the dietary department to ensure current practices/ standards are in accordance with the Canadian Dietetic Association.
- Consults with physician regarding dietetic/ nutritional issues.
- Attends patient/ resident care conferences as required.
- Provides patient/ resident/ family education and discharge teaching/ information as indicated.
- Documents nutritional assessment and progress on the health record in accordance with established standards.
- Participate in Continuous Improvement/ Risk Management programs as they relate to food service.
- Actively participates as a member of the multi-disciplinary team.
- Participates in designated program and team meetings.

Community Based Responsibilities:

- Receives written referrals for outpatient counseling from physicians and other health care professionals and arranges to see outpatients by appointment process.
- Provides nutritional assessment, develops nutritional plan based on relevant data, implements, evaluates and modifies plan as required.
- Provides education and counseling related to therapeutic diets to individuals or groups based on identified needs.
- Promotes health education as it relates to diet and nutrition in collaboration with the health promotion and education team.
- Develops and delivers community based programs related to nutrition as identified.
- Develops and maintains networks with community organizations and groups.
- Identifies barriers to food access and facilitates community initiatives to improve healthy nutritional practices.

Professional Development:

- Maintains and updates professional skills, and knowledge base through continuing education programs, literature reviews, publications and presentations.
- Maintains knowledge of new developments in program areas through journal reviews, interest groups, lectures, and committee work.

Other:

- Provides supervisor with statistical data related to service delivery monthly.
- Communicates with colleagues on a regular basis regarding program planning, evaluation of outcomes, and future direction.
- Participates in program review and evaluation on an annual basis.
- Other duties as assigned.

Revised: _____
Date

Approved by: _____
Manager/ Supervisor Date

Approved by: _____
Vice President/ CEO Date

Reviewed by: _____
Director, Human Resources Date

NOTE: Original Signed and Dated October 22, 2003