

Toll free 1-877-753-2012

Website: www.neha.mb.ca



**North Eastman Health Association Inc.
Blue Water District**

*(Bissett, Eastern Beaches, Fort Alexander, Manigotagan, Pine Falls, Powerview,
RM of Alexander, Seymourville, St. Georges, and surrounding areas)*

HEALTH SERVICES



	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Emergency Services	Bissett EMERGENCY	(204) 277-5119	
	EMERGENCY	911	24 h / 7 days a week
	Victoria Beach First Response	911	
	Poison Control Helpline	(204) 787-2591	
Health Links	Health Information given by a Registered Nurse	1-888-315-9257 or (204) 788-8200	calls taken / answered in sequence
	Hospital	Pine Falls Health Complex	(204) 367-4441 24 h / 7 days a week
Personal Care Home	Sunnywood Manor	(204) 367-8201	
Physicians	Pine Falls Primary Health Care Centre (Pine Falls Health Complex)	(204) 367-2278	Mon - Fri 9:00 am - 4:30 pm Walk-ins Mon - Fri 9:00 am - 3:00 pm
	Fort Alexander Health Centre	(204) 367-2208	Mon - Thurs 9:00 am - 4:30 pm Fri 9:00 am - 3:00 pm
Pharmacies	Pine Pharmacy (Pine Falls)	(204) 367-2517	Mon - Sat 9:30 am - 5:30 pm
	All Nation Pharmacy (Fort Alexander)	(204) 367-9900	Mon - Fri 9:00 am - 4:00 pm
Primary Health Care Centre	Pine Falls Health Complex Community Health Services	(204) 367-5401	Mon - Fri 8:30 am - 4:30 pm
	Home Care	(204) 367-5403	
	Mental Health (Adult)	(204) 367-5407	

For a more complete listing of Regional Services and for more information see Community Information section at the front of the MTS Eastern Directory or call Corporate Office at 1-877-753-2012 or (204) 753-2012

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Crisis / Information Lines & Emergency Crisis Lines	Public Health	(204) 367-5406	
	Seniors Resource	(204) 367-9128	
	Handivan Services (Pine Falls, Powerview, St. Georges)	(204) 367-9128	Mon - Fri 9:00 am - 3:00 pm
Crisis / Information Lines & Emergency Crisis Lines	Domestic Violence	1-877-977-0007	24 hour line
	Agape House (Steinbach) (Crisis Counselling and Women's Shelter)	1-877-977-0007	24 hour line
Crisis / Information Lines & Emergency Crisis Lines	Nova House (Selkirk) (Crisis Counselling and Women's Shelter)	1-877-977-1200	24 hour line
	Gambling Help Line	1-800-463-1554	24 hour line
Crisis / Information Lines & Emergency Crisis Lines	MB Clinic Crisis Line	1-888-322-3019	24 hour line
	MB Suicide Line	1-877-435-7170	24 hour line
Crisis / Information Lines & Emergency Crisis Lines	Sexual Assault Line	1-888-292-7565	24 hour line
	Sexual Assault Recovery and Healing (Pinawa)	(204) 753-3150	24 hour line
Crisis / Information Lines & Emergency Crisis Lines	Mental Health Crisis Stabilization Unit (IRHA/NEHA)	1-866-427-8628	24 hour line
	Mental Health Intake (Community)	1-866-577-2901 Local: (204) 444-6147	24 hour line

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North Eastman Health Association Inc.

Brokenhead District

(Beausejour, RM of Brokenhead, Garson, Tyndall, and surrounding areas)

HEALTH SERVICES

HEALTH SERVICES

	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Emergency Services	EMERGENCY	911	24 h / 7 days a week
	Poison Control Helpline	(204) 787-2591	
Health Links	Health Information given by a Registered Nurse	1-888-315-9257 (204) 788-8200	calls taken / answered in sequence
Hospital	Beausejour Health Centre (Beausejour District Hospital)	(204) 268-1076	24 h / 7 days a week
Personal Care Home	East-Gate Lodge	(204) 268-1029	
Physicians	Beausejour Clinic	(204) 268-2288	Mon - Fri 9:00 am - 4:30 pm
	First Street Medical Clinic	(204) 268-3363	Mon - Fri 8:30 am - 5:00 pm
	Beausejour Primary Health Care Centre	(204) 268-4966	Mon - Fri 8:30 am - 4:30 pm
Pharmacies	Beausejour Pharmasave	(204) 268-1434	Mon - Fri 9:00 am - 6:00 pm Sat 9:00 am - 4:00 pm
	Beausejour Guardian Pharmacy (in Home Hardware)	(204) 268-2323 1-800-734-7043	Mon - Sat 9:00 am - 6:00 pm
Primary Health Care Centre	Beausejour Primary Health Care Centre Community Health Services	(204) 268-4966	Mon - Fri 8:30 am - 4:30 pm
	Home Care	(204) 268-7474 (204) 268-7471	
	Mental Health	(204) 268-7482 (204) 268-7481 (204) 268-7484	
	Public Health	(204) 268-7468	
	Seniors' Resource	(204) 268-7300	

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October 2009

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Brokenhead District

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	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Crisis / Information Lines & Emergency Crisis Lines	Handivan Services	(204) 268-4123 or answering machine	Mon - Fri 8:00 am - 4:00 pm
	Domestic Violence	1-877-977-0007	24 hour line
	Agape House (Steinbach) (Crisis Counselling and Women's Shelter)	1-877-977-0007	24 hour line
	Nova House (Selkirk) (Crisis Counselling and Women's Shelter)	1-877-977-1200	24 hour line
	Gambling Help Line	1-800-463-1554	24 hour line
	MB Klinik Crisis Line	1-888-322-3019	24 hour line
	MB Suicide Line	1-877-435-7170	24 hour line
	Sexual Assault Line	1-888-292-7565	24 hour line
	Sexual Assault Recovery and Healing (Pinawa)	(204) 753-3150	24 hour line
	Mental Health Crisis Stabilization Unit (IRHA/NEHA)	1-866-427-8628	24 hour line
	Mental Health Intake (Community)	1-866-577-2901 Local: (204) 444-6147	24 hour line

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North Eastman Health Association Inc.
Iron Rose District
*(Hadashville, Prawda, River Hills, Seven Sisters, Whiteshell Provincial Park
 RM of Reynolds, Whitemouth, and surrounding areas)*

HEALTH SERVICES

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	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Emergency Services	EMERGENCY	911	24 h / 7 days a week
	Poison Control Helpline	(204) 787-2591	
Health Links	Health Information given by a Registered Nurse	1-888-315-9257 or (204) 788-8200	calls taken / answered in sequence
Hospital	Pinawa Hospital	(204) 753-2334	24 h / 7 days a week
Personal Care Home	Whitemouth District Health Centre PCH	(204) 348-7191	
Physicians	Whitemouth District Health Centre (Doctor's and Nurse Practitioner's Office)	(204) 348-2291	Mon - Fri 9:00 am - 12:00 noon 1:00 pm - 4:30 pm
	Pinawa Medical Clinic	(204) 753-2351	Mon - Fri 9:00 am - 12:00 noon 1:00 pm - 4:30 pm
Pharmacies	Whitemouth Pharmacy	(204) 348-3334	Mon - Fri 9:30 am - 5:30 pm
	Pinawa Pharmacy	(204) 753-2324	Mon - Fri 9:00 am - 1:00 pm 2:00 pm - 5:30 pm
Primary Health Care Centre	Whitemouth District Health Centre Community Health Services	(204) 348-7191	Mon - Fri 8:30 am - 4:30 pm
	Home Care	(204) 348-4609	
	Mental Health	(204) 348-4614	
	Public Health	(204) 348-4613	
	Seniors' Resource	(204) 348-4610	

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Iron Rose District
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	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Crisis / Information Lines & Emergency Crisis Lines	Handivan Services (located in Whitemouth)	(204) 348-3931	
	Domestic Violence	1-877-977-0007	24 hour line
	Agape House (Steinbach) (Crisis Counselling and Women's Shelter)	1-877-977-0007	24 hour line
	Nova House (Selkirk) (Crisis Counselling and Women's Shelter)	1-877-977-1200	24 hour line
	Gambling Help Line	1-800-463-1554	24 hour line
	MB Klinik Crisis Line	1-888-322-3019	24 hour line
	MB Suicide Line	1-877-435-7170	24 hour line
	Sexual Assault Line	1-888-292-7565	24 hour line
	Sexual Assault Recovery and Healing (Pinawa)	(204) 753-3150	24 hour line
	Mental Health Crisis Stabilization Unit (IRHA/NEHA)	1-866-427-8628	24 hour line
	Mental Health Intake (Community)	1-866-577-2901 Local: (204) 444-6147	24 hour line

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North Eastman Health Association Inc.
Springfield District
(Anola, Cook's Creek, Dugald, Oakbank, and surrounding areas)
HEALTH SERVICES



	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Emergency Services	EMERGENCY	911	24 h / 7 days a week
	Poison Control Helpline	(204) 787-2591	
Health Links	Health Information given by a Registered Nurse	1-888-315-9257 or (204) 788-8200	calls taken / answered in sequence
Hospital	Beausejour Health Centre (Beausejour District Hospital)	(204) 268-1076	24 h / 7 days a week
Personal Care Home	Kin Place PCH	(204) 444-2004	
Physicians	Kin Place Health Complex	(204) 444-2227	Mon - Fri 8:30 am - 4:30 pm Wed 8:30 am - 7:30 pm
	Oakbank Medical Clinic	(204) 444-2934	Mon - Thurs 8:00 am - 5:30 pm
	Springfield Medical Clinic	(204) 444-5145	Mon - Thurs 9:00 am - 12:00 noon 1:00 pm - 4:00 pm Fri 9:00 am - 12:00 noon
Pharmacy	Oakbank Pharmasave	(204) 444-3030	Mon - Fri 10:00 am - 6:00 pm Sat 9:00 am - 12:00 noon
Primary Health Care Centre	Kin Place Health Complex Community Health Services	(204) 444-2227	Mon - Fri 8:30 am - 4:30 pm
	Home Care	(204) 444-6119	
	Mental Health (Adult) (Child)	(204) 444-6117 (204) 444-6118	
	Public Health	(204) 444-6130	
	Seniors' Resource	(204) 444-6128	
	Springfield Teen Health Clinic (Kin Place Health Complex)	(204) 444-6140	Drop in Wednesday or call for appt. Mon - Fri

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Springfield District
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	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Crisis / Information Lines & Emergency Crisis Lines	Springfield Handivan Services	(204) 444-4119	Mon - Fri 8:30 am - 4:30 pm Service is also available on weekends but must be prebooked and is subject to driver availability
	Domestic Violence	1-877-977-0007	24 hour line
	Agape House (Steinbach) (Crisis Counselling and Women's Shelter)	1-877-977-0007	24 hour line
	Nova House (Selkirk) (Crisis Counselling and Women's Shelter)	1-877-977-1200	24 hour line
	Gambling Help Line	1-800-463-1554	24 hour line
	MB Clinic Crisis Line	1-888-322-3019	24 hour line
	MB Suicide Line	1-877-435-7170	24 hour line
	Sexual Assault Line	1-888-292-7565	24 hour line
	Sexual Assault Recovery and Healing (Pinawa)	(204) 753-3150	24 hour line
	Mental Health Crisis Stabilization Unit (IRHA/NEHA)	1-866-427-8628	24 hour line
Mental Health Intake (Community)	1-866-577-2901 Local: (204) 444-6147	24 hour line	

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North Eastman Health Association Inc.
Winnipeg River District
(Lac du Bonnet, Pinawa, and surrounding areas)
HEALTH SERVICES



	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Emergency Services	EMERGENCY	911	24 h / 7 days a week
	Poison Control Helpline	(204) 787-2591	
Health Links	Health Information given by a Registered Nurse	1-888-315-9257 or (204) 788-8200	calls taken / answered in sequence
Hospital	Pinawa Hospital	(204) 753-2334	24 h / 7 days a week
Personal Care Home	Lac du Bonnet PCH	(204) 345-8675	
Physicians	Lac du Bonnet District Health Centre	(204) 345-8173	Mon - Fri 8:30 am - 4:30 pm
	Pinawa Medical Clinic	(204) 753-2351	Mon - Fri 9:00 am - 4:30 pm
Pharmacies	Ingham Pharmacy (Lac du Bonnet)	(204) 345-2232	Mon - Sat 9:30 am - 6:00 pm
	Pinawa Pharmacy	(204) 753-2324	Mon - Fri 9:00 am - 1:00 pm 2:00 pm - 5:30 pm
Primary Health Care Centre	Lac du Bonnet District Health Centre Community Health Services (Lac du Bonnet & Pinawa)	(204) 345-8647	Mon - Fri 8:30 am - 4:30 pm
	Home Care	(204) 345-1217	
	Mental Health (Child)	(204) 345-1231	
	Public Health	(204) 345-1219	
	Seniors' Resource	(204) 345-1227	

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Winnipeg River District
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HEALTH SERVICES



	<u>Program / Service</u>	<u>Telephone</u>	<u>Dates of Operation</u>
Crisis / Information Lines & Emergency Crisis Lines	Winnipeg River Handivan Services (Lac du Bonnet & Pinawa) (Wheelchair Service of Manitoba)	(204) 340-6300	
	Domestic Violence	1-877-977-0007	24 hour line
	Agape House (Steinbach) (Crisis Counselling and Women's Shelter)	1-877-977-0007	24 hour line
	Nova House (Selkirk) (Crisis Counselling and Women's Shelter)	1-877-977-1200	24 hour line
	Gambling Help Line	1-800-463-1554	24 hour line
	MB Klinik Crisis Line	1-888-322-3019	24 hour line
	MB Suicide Line	1-877-435-7170	24 hour line
	Sexual Assault Line	1-888-292-7565	24 hour line
	Sexual Assault Recovery and Healing (Pinawa)	(204) 753-3150	24 hour line
	Mental Health Crisis Stabilization Unit (IRHA/NEHA)	1-866-427-8628	24 hour line
	Mental Health Intake (Community)	1-866-577-2901 Local: (204) 444-6147	24 hour line

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